

UCLA EAP HEALTH CLEARANCE INSTRUCTIONS

All students are required to obtain a health clearance in order to study abroad on EAP. Read the following instructions carefully. It is your responsibility to begin and complete this process by the deadline indicated by EAP. This process is designed to safeguard your health while abroad. It is therefore in your personal interest to be open and candid about health issues. Review the table to see what is required of or possible for your program of study.

Country/Program	1. ONLINE Health Clearance Possible (if yes, please go this route)	2. IN-PERSON Dr. Appt. Required	In-Person Dr. Appt. acceptable from either Ashe Center or a Private Physician
Argentina			
Australia	Yes	No	Yes
Barbados	Yes	No	No, Ashe Center only
Brazil	Yes	No	No, Ashe Center only
Canada	Yes	No	Yes
Chile	Yes	Yes	Yes
China: Summer, Fall, Spring	Yes	No	No, Ashe Center only
China: Year	No	Yes	No, Ashe Center only
Costa Rica	Yes	No	Yes
Denmark	Yes	No	Yes
Egypt	No	Yes	No, Ashe Center only
France	Yes	No	Yes
Germany	Yes	No	Yes
Ghana	Yes	No	No, Ashe Center only
Hong Kong	Yes	No	Yes
Hungary	Yes	No	Yes
India	Yes	No	No, Ashe Center only
Israel	Yes	No	Yes
Italy	Yes	No	Yes
Japan	Yes (some programs)	Yes (some programs)	Yes
Korea	Yes	No	Yes
Mexico	Yes	No	No, Ashe Center only
Netherlands	Yes	No	Yes
New Zealand	Yes	No	Yes
Russia	No	Yes	No, Ashe Center only
Singapore	Yes	No	Yes
South Africa	No	Yes	No, Ashe Center only
Spain	Yes	No	Yes
Sweden	Yes	No	Yes
Taiwan	No	Yes	Yes
Thailand	Yes	No	No, Ashe Center only
Turkey	Yes	No	No, Ashe Center only
UK/Ireland	Yes	No	Yes
Vietnam	Yes	No	No, Ashe Center only

Most EAP students have two choices: 1) an online health clearance or 2) an in-person health clearance process. Refer to the table to determine if you may do the health clearance online. If the online process is an option for your program, please use this method, unless you have ongoing health issues and know you prefer to see an Ashe Center doctor or, if allowed, a private physician. **Note:** Physician/Health Provider/specialist must be licensed in the U.S. and cannot be an immediate family member (AMA Code of Ethics E-8,19).

1) ONLINE Health Clearance Process. Go to the [EAP Health Clearance site](#).

Complete and submit the secure on-line *Confidential Health History Form* by stipulated deadlines, but no later than **60 DAYS BEFORE DEPARTURE**. Your *Confidential Health History Form* will be reviewed by a health care professional at the Ashe Center. Print out and take abroad with you several copies of your *Confidential Health History Form*. This form is for you and the Ashe Center only; do not give it to your EAP counselor or send it to UOEAP. You will have the only copies of this form at the program site abroad should you need medical attention.

If there is a need, you will be notified via e-mail by the Ashe Center to schedule an appointment for additional consultation before your *Health Clearance Form* is approved. There is no charge for this visit if you are on SHIP. If there is no need for an appointment, you will receive an e-mail message from the Ashe Center (48 to 72 hours after you submit your on-line *Confidential Health History Form*) informing you that your signed *Health Clearance Form* is ready for pick-up at the Ashe Center. You are then responsible for picking the clearance form up, leaving the yellow copy with the Ashe Center, and mailing the pink and yellow copies of the *Health Clearance Form* (not your *Confidential Health History Form*) to UOEAP by stipulated deadlines, but no later than one month before departure.

2) IN-PERSON Health Clearance Process. PRINT or pick up the [Confidential Health History Form](#) and [Health Clearance Form](#) from the EAP office (B300 Murphy) if these forms are not already included in your packet. Prior to your appointment, fill out the *Confidential Health History Form*. The person with whom you have your appointment will take one copy of the form for your health records and you will keep the other copy with you. This form is for you only; please do not give it to your EAP counselor or send it to UOEAP. If you are cleared to go abroad, the health care professional will sign a *Health Clearance Form* which you must then submit to UOEAP by stipulated deadlines, but no later than one month before departure.

1. Fill out the [Confidential Health History Form](#) and [Health Clearance Form](#).
2. Make an appointment with the Arthur Ashe Student Health & Wellness Center or your own doctor (only if this option is possible – see above table), and any specialist you may be seeing for a serious, ongoing condition. You are responsible for making your own Ashe Center appointments by calling 310-825-4073. The cost of the consultation visit is \$30.00 for those students without SHIP or GSHIP. If a further health evaluation or physical exam is needed the cost will be \$75.00 for students without SHIP or GSHIP. Please see the Ashe Center website for more information about fees.
3. Arrive on time for your appointment to avoid any fees or penalties. If you must cancel, do so prior to any penalty period. Give both forms to the doctor and ask him/her to follow the instructions on the clearance form carefully. Be sure to sign the authorization for release of medical information on the *Clearance Form* upon the completion of the consultation.
4. Send the completed, signed white and canary copies to UOEAP, 6950 Hollister Avenue, Suite 200, Goleta, CA 93117-5823. UOEAP must receive this form by stipulated deadlines, but no later than 60 days before departure (except for Chile). Your health practitioner will keep the pink copy for his/her records.
5. Leave the yellow copy of the *Confidential Health History* form with your doctor, so that he or she will have it on file in case of emergency. Keep several copies of the white copy for yourself and be sure to take them with you when you go abroad. You will have the only copies of this form at the program site should you need medical attention.

3) EAP Online Travel Health Course. Required ONLY if you are traveling to:

Barbados, Brazil, China, Egypt, Ghana, India, Mexico, Russia, South Africa, Thailand, Turkey and Vietnam

[Click to start the Online Travel Health Course](#)

After you complete the online course, print three copies of your EAP Travel Certificate

- Mail one copy to UOEAP (address on certificate) by the stipulated deadlines
- Bring one copy to your appointment with your travel health provider
- Save one copy for your records

You **MUST** make an appointment with a travel health provider (at your campus Student Health Center, your private insurance provider, or a local travel clinic) as soon as possible. **It is critical to consider vaccine-preventable diseases that may be easily caught during travel**, especially if you have a pre-existing medical condition. Also, if you will be traveling to a malaria-endemic region, you may need to take malaria chemoprophylaxis, in addition to taking mosquito avoidance measures.

Please note the following health advisory for EAP applicants applying to programs in BRAZIL, CHINA (PRC), EGYPT, GHANA, HONG KONG, INDIA, KOREA, MEXICO, RUSSIA, SINGAPORE, SOUTH AFRICA, TAIWAN, THAILAND, TURKEY, AND VIETNAM (HOWEVER THE OFFICE RECOMMENDS THAT ALL STUDENTS GOING ABROAD SHOULD CONSIDER THE VACCINATION SERIES).

The Centers for Disease Control and Prevention (CDC) and the EAP medical consultant, Dr. Mark Hansen, strongly recommend a Hepatitis B vaccination for all participants in the Education Abroad Programs listed above, and highly recommended for others planning to do extensive travel.

Hepatitis B is more infectious than the AIDS virus and is more easily spread by person-to-person contact. Please refer to the International Travel Health Guide and the CDC Health Information for International Travel in your Campus EAP Office for more information.

THE VACCINATION TAKES 6 MONTHS TO ADMINISTER; THEREFORE, YOU SHOULD BEGIN YOUR VACCINATIONS IMMEDIATELY IN ORDER TO COMPLETE THE SCHEDULE BEFORE DEPARTURE.

In the event that you are unable to begin the vaccination series 6 months before your departure, Dr. Hansen recommends that you take advantage of the Engerix-B vaccine because, in addition to the standard vaccination schedule of 0, 1 and 6 months, this vaccine has been licensed for an accelerated schedule of 0, 1, 2 and 12 months. The latter schedule helps those students leaving the country before 6 months, but adds the cost of a fourth dose. The Centers for Disease Control recently approved an alternative accelerated schedule of 0, 2, and 4 months. This schedule does not require a fourth dose.

Steps to complete the EAP Online Health Clearance* & Online Travel Clinic Course**

EAP Health Clearance is required for ALL countries

- 1) Go to the [UCLA Ashe Center Website](#).
- 2) Click “EAP (study abroad) online health clearance” and log in.
- 3) Click “Messages” on the LEFT side bar.
- 4) Click the “New Message” button.
- 5) Select “I want to request medical clearance for the Education Abroad Program (EAP)” then, click “Continue”.
- 6) Read instructions, fill in the boxes then, click “Send”.
- 7) Click “Proceed”.
- 8) You should see an Auto-Response message in your Inbox and will receive a response from a clinician within 3 business days.
- 9) If you are notified of being cleared, you MUST PICK UP your EAP Health Clearance at the 1st floor of the Ashe Center. Clearances will not be mailed or faxed.
- 10) Send ONLY the Health Clearance, NOT the Confidential Health History Form, to UOEAP.

* China Year, Japan, Egypt, Russia, Taiwan, South Africa are NOT eligible to use the online process.

Travel Clinic is required for SOME countries**

- 1) [Click to start the Online Travel Health Course](#)
- 2) Print three copies of your EAP Travel Certificate
 - Mail one copy to UOEAP (address on certificate) by the stipulated deadlines
 - Bring one copy to your appointment with your travel health provider
 - Save one copy for your records
- 3) Make an appointment with a travel health provider (at your campus Student Health Center, your private insurance provider, or a local travel clinic) as soon as possible. **It is critical to consider vaccine-preventable diseases that may be easily caught during travel**, especially if you have a pre-existing medical condition. Also, if you will be traveling to a malaria-endemic region, you may need to take malaria chemoprophylaxis, in addition to taking mosquito avoidance measures.

**Travel Clinic Certification is ONLY required for:

Barbados, Brazil, China, Egypt, Ghana, India, Mexico, Russia, South Africa, Thailand, Turkey and Vietnam